

Welcome, New Members of Okido Yoga Friends !

I am Tomoko Mori. I have been working for Okido Yoga UK since Oki Sensei offered me this position in 1984.

The purpose of this sheet is to clarify the features of the Facebook group, Okido Yoga Gathering, as follows:

- a) **Membership is limited to those who have genuine interest in Okido Yoga through their own experience.**
- b) Members can exchange information internationally to:
 - Contribute their views and stories in their practice of Okido Yoga,
 - Introduce educational subjects relating to Okido Yoga practice,
 - Find old acquaintances they met in Okido Yoga courses,
 - Search information on Okido Yoga activities taking place around the world.
- c) The group privacy is set as open; i.e. anybody in the public can see who is in the group and what is posted on the page. This is necessary, I believe, for opening Okido Yoga to all.
- d) As the main purpose of this group is to develop international friendship, **please post in English whenever possible**. Even when your content is only for a local community and it is more beneficial to post it in your first language, it will still be attractive that you add a few English lines to explain what is about.
- e) **Members are asked to make efforts to treat other people's personal details and photos with respect so that nothing will appear in the Facebook public view against their will.** Basically I am advising posters to take the necessary care, such as obtaining permission from the people involved or reducing the resolution of photos before posting.
- f) Regarding the issue in e), I don't take any responsibility for what is posted on the page. If there is reason for complaints amongst members, I believe the relevant people will communicate with each other, with sincerity, as Okido Yoga learners.

In the website www.okidoyoga.org.uk, I wrote: "Our activities have been small in scale. However, we are trying to run them with pure motivation and a sincere attitude as Master Oki said, 'Make a pure organization, however small it is.'" Bearing this view in mind, I have been working for Okido Yoga UK for a long time after I left Mishima Dojo, and am now trying to extend it a little further for friendship.

The activity of this group page depends on the members' contribution. I hope we will be able to make it successful together. Please pass the word to those who you think will be interested.

With Best Regards,

Tomoko Mori

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